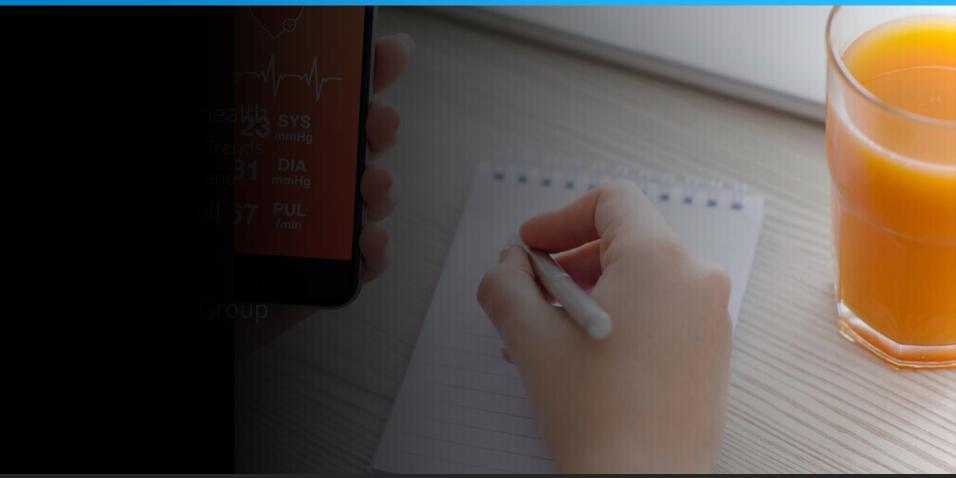
# American Well®

# State of Delaware

January 2020

Mike Russo, Director of National Sales, Employer Solutions

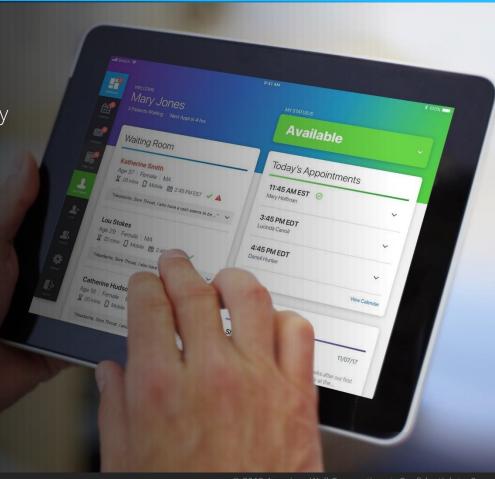
# Today's agenda



### Introduction to American Well

Our Mission: To connect and enable providers, insurers, patients, and innovators to deliver greater access to more affordable, higher quality care

Our Vision: Digital care delivery will transform healthcare



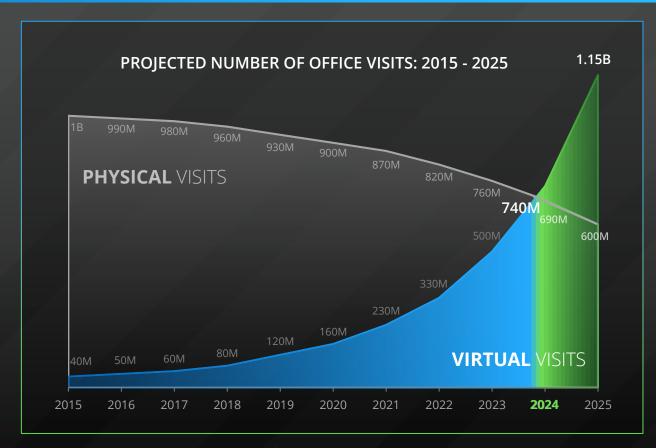
# Telehealth Is Becoming Healthcare (And Vice Versa)

# FORTUNE MAGAZINE

Here's What Your Future Doctor Visits Could Look Like

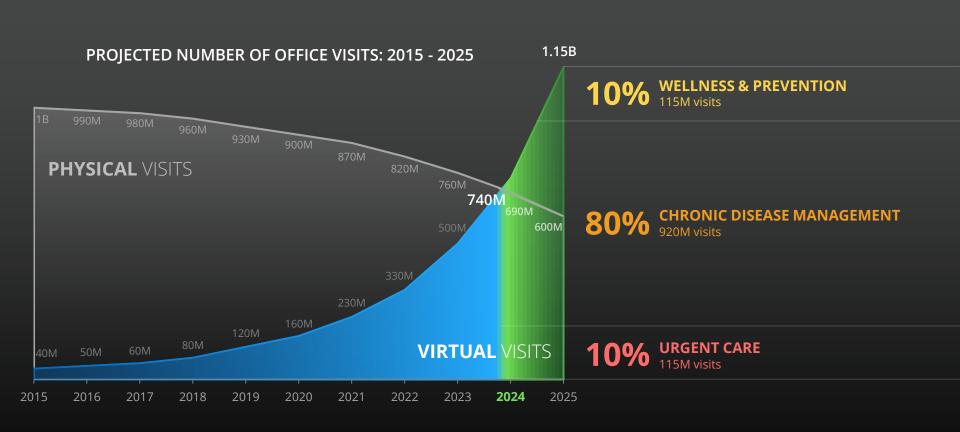
Tomorrow's
office visit will
increasingly take
place everywhere
but the office."

Dr. Eric Topol
May 2<sup>nd</sup> 2017



ource: Fortune, Ray Dorsey/Eric Topol - http://fortune.com/2017/05/02/brainstorm-health-2017/

# Beyond urgent care



Source: Fortune, Ray Dorsey/Eric Topol - http://fortune.com/2017/05/02/brainstorm-health-2017/

### Health systems use telehealth across the spectrum of care

Patient & Provider

Provider & Provider









#### On Demand Telehealth

Typically **On-demand primary care** 

Urgent Care, Pediatrics, Behavioral Health Kiosks, Employers, Retail Locations

### Follow-Up Care

Typically **Scheduled visits** with own Patients

Post-Discharge Follow-Up, Cancer Care Chronic Care, Medication Management

#### Sub-Acute Telehealth

Typically Acute Care Consults

Presenter to provider in schools, SNFs, hospital rooms

#### **Acute Care Telehealth**

**Typically Acute Care Consults** 

Provider to provider in tele-stroke, tele-ICU

### Telehealth applications built for and with our clients























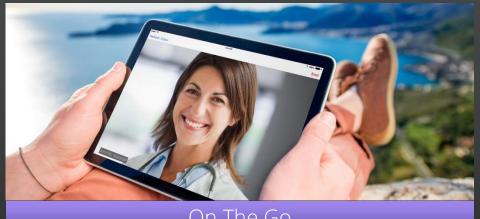








# A delightful consumer experience on all form factors



On The Go







### We are constantly working to better understand the industry

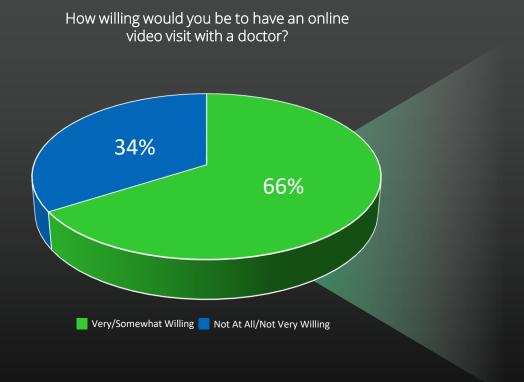
### Telehealth Index: 2019 Consumer Survey



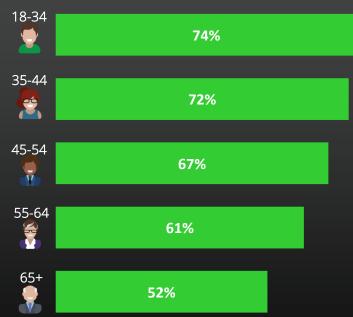
2000+ consumers across the U.S. | Fielded in December 2018 | Nationally projectable survey



# Most consumers are willing to use telehealth



Willingness to use telehealth by age group



# Consumers want telehealth for a variety of use cases



Prescription Renewals

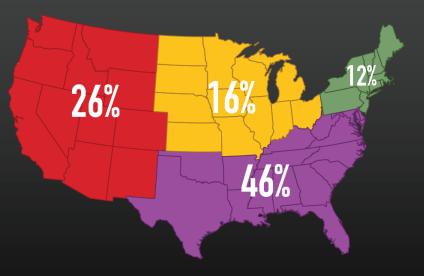
Chronic Disease Management Surgery and inpatient follow-up Urgent Care

Behavioral Health

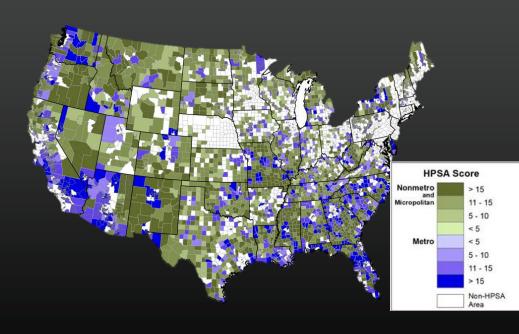
### Telehealth usage is high in rural parts of the country

### Consumers who have used telehealth by region

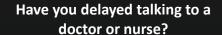
Of the 8% of consumers who have used telehealth, here is the breakdown of where they are located



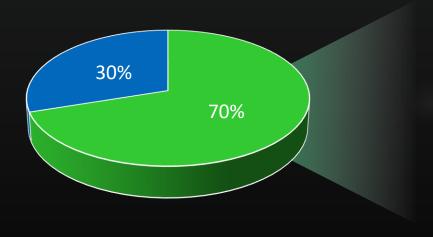
### Health professional Shortage Areas



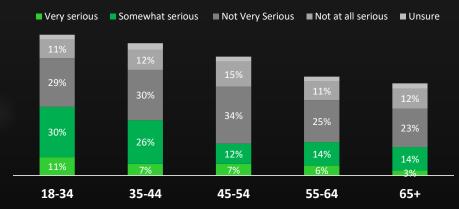
# Access is a problem: some consumers are delaying needed care



No Yes

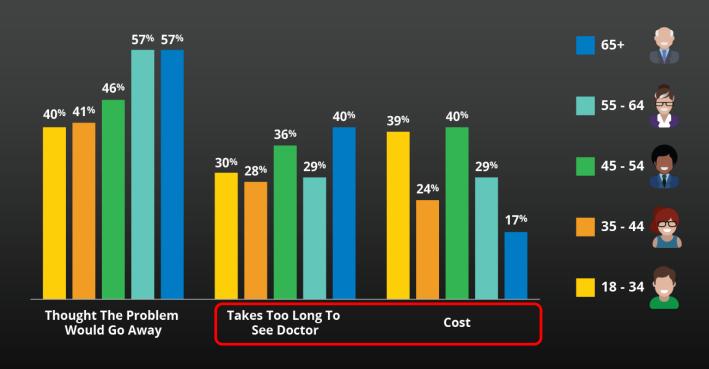


#### If yes, how serious was the health problem?

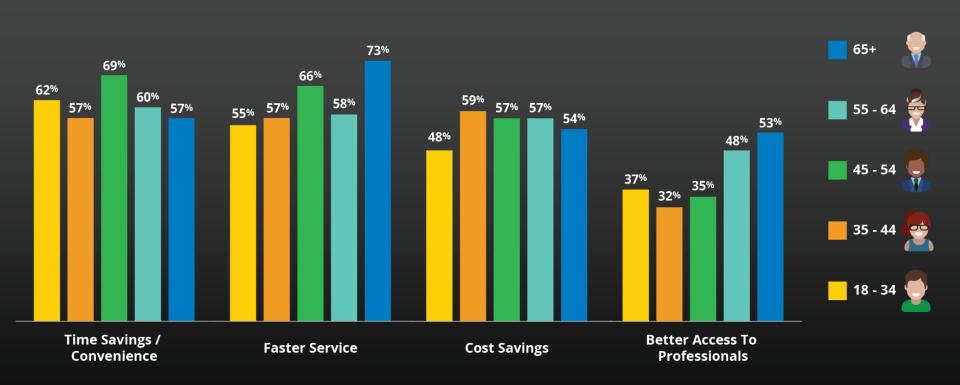


# Telehealth can help consumers who are delaying needed care

### Why did you delay talking to a doctor or nurse about a health problem?



# Top reasons for consumer willingness to use telehealth



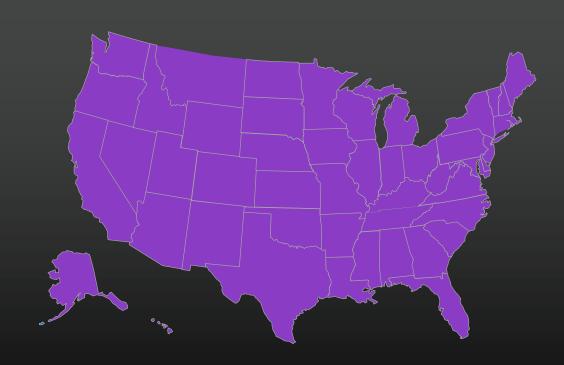
Base: Respondents who are "Very" or "Somewhat" willing to have an online doctor visit (n=1,317)

# Telehealth Index: Methodology

M³ GLOBAL RESEARCH
American Well®

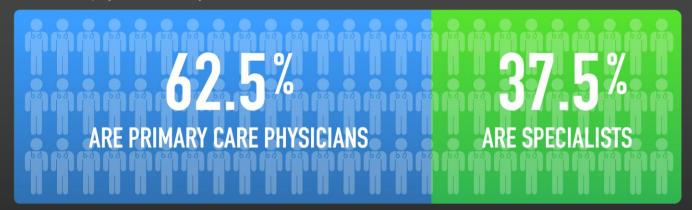
### Our Physician Survey:

- √ 800 physicians across the U.S.
- ✓ Fielded in December 2018



### Who we surveyed

Of the 800 physicians surveyed:



#### Specialties include:

- Anesthesiology
- Cardiology
- Dermatology
- Emergency medicine
- Endocrinology

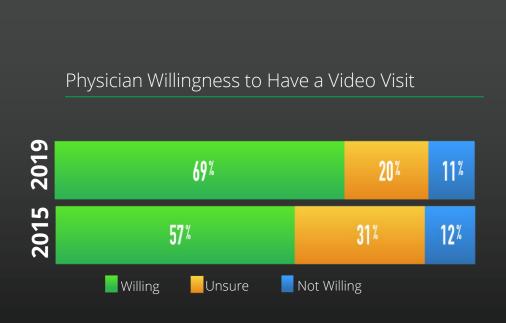
- Gastroenterology
- Infectious diseases
- Internal medicine
- Neurology
- Obstetrics & gynecology

- Oncology
- Ophthalmology
- Pediatrics primary care
- Pediatrics subspecialty
- Psychiatry

- Pulmonology
- Radiology
- Rheumatology
- Surgery
- Urology



### Physicians are more willing to try telehealth



### Top Reasons:



Increase access to my patients



Flexible work-life balance



Attract and retain new patients

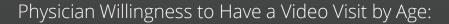


Improve outcomes for my patients



To be on the leading edge of medicine

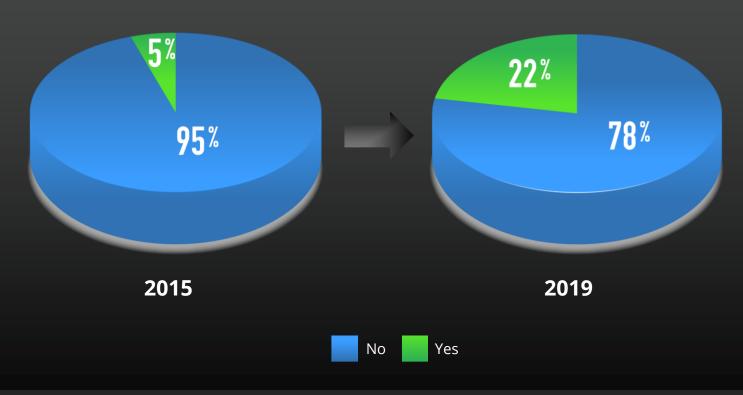
# Age has an impact on willingness



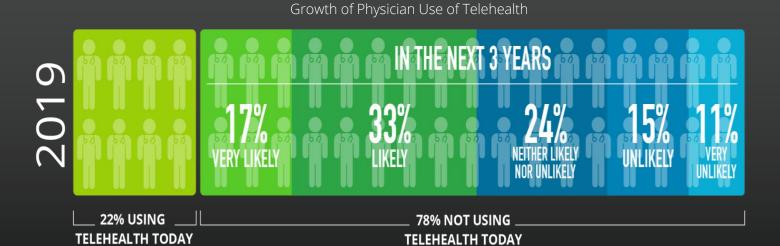


# Adoption of telehealth has increased...significantly



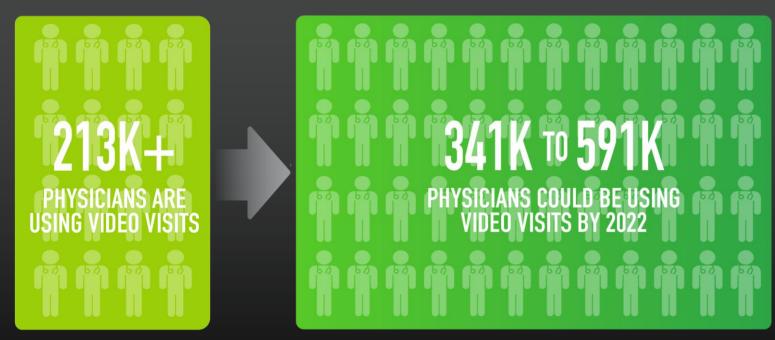


# Half of physicians not using telehealth now expect to in next 3 years



### Physician use of telehealth is at an inflection point

When applied to the 900,000 active physicians:



Numbers were calculated in the following way:

Providers currently using telehealth: 970,000 (number of professionally active physicians according to Kaiser) X 22% (percent of physicians who have used telehealth) = 213,400.

**Providers using telehealth in 3 years (low estimate**): 970,000 – 213,400 = 756,000 (number of physicians very likely to start using telehealth in next three years) = 128,520 (physicians very likely to starting using telehealth in next three years) + 213,400 (physicians who have used telehealth) = 341,920

Providers using telehealth in 3 years (high estimate): 970,000 - 213,400 = 756,000 (number of physicians not currently using telehealth) 756,000 X 50% (percent of physicians very likely or likely to start using telehealth in next three years)

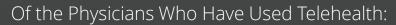
# Of physicians using telehealth, half will use it frequently by 2022

### OF DOCTORS WHO HAVE SEEN PATIENTS OVER VIDEO:



# Physicians who have used telehealth see its value

77%





SAID IT ENABLES HIGH-QUALITY COMMUNICATION WITH PATIENTS

SAID IT ENHANCES THE **DOCTOR-PATIENT** RELATIONSHIP

60%

SAID IT HELPS REDUCE **HEALTHCARE COSTS** 

71%

71%

93%

### Client example: reduced healthcare costs

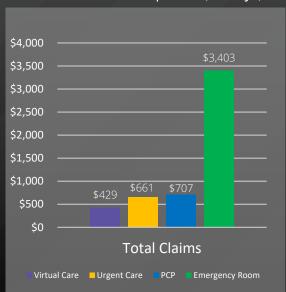


Not-for-profit health system based in Salt Lake City, Utah

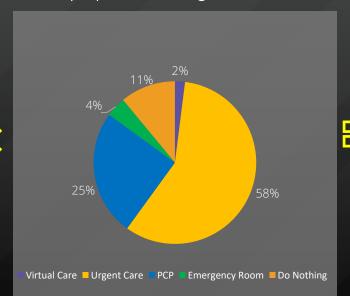
Integrated health plan (SelectHealth)

Conducted a virtual visit claims study in 2018

#### Total Claim Cost Per Episode (21 days)



### Where people would have gone for care



Savings per claim	\$367
Claims	5,000
Total Claims Reduction	\$1,835K

# Client example: High-quality communications with patients



#### Overview

- Children's health system provides care in six states
- Cares for more than 400,000 patients annually
- Launched direct-to-consumer telehealth service, CareConnect, in November 2015

#### Results

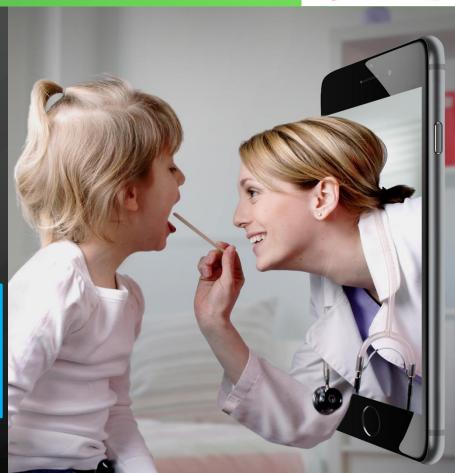
- Enrolled more than 17,000 patients in CareConnect
- 30% of patients have had a visit
- Top conditions treated: Rashes, fever, cough, vomiting, ear pain

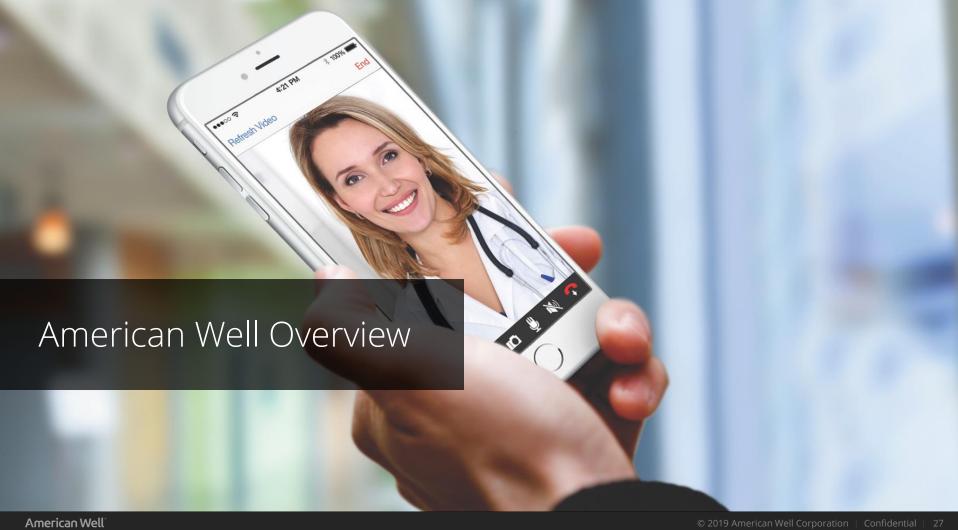
Families rate CareConnect

 $4.7^{\text{OUT OF 5 STARS}}_{\star\star\star\star\star}$ 

**97**%

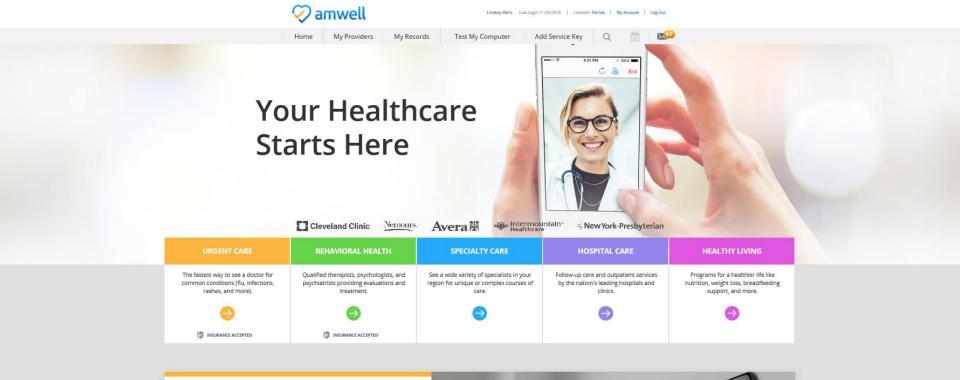
Of families are "highly satisfied" with CareConnect





### Transforming from urgent care focused to a health care mall in the cloud







Board-certified doctors are available for on-demand video visits 24/7 to help you feel better faster.

#### Commonly Treated Conditions:

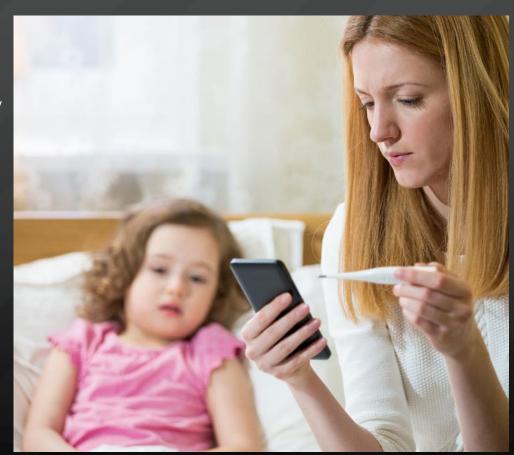
- Cough & Cold
- Sinus Infections

Flu

- Strep Throat
- Pink Eve
  - UTI

### The features of Amwell

- Live, on-demand video doctor visits 24x7/365 or scheduled visits
- Four modalities to access care; smartphone, tablet or computer, kiosks
- Available in all states with an average wait time of 10 minutes
- Integration with Health Plans
- Choice of board certified, network doctors
- Secure and private, HIPAA compliant video visit
- E-prescribing to your pharmacy of choice\*



### Commonly Treated Medical Conditions

- Abrasions, minor wounds
- Acne
- Anxiety
- Asthma
- Allergies/allergic rhinitis
- Back pain
- Cough/Cold
- Depression
- Diabetes/hypoglycemia
- Diarrhea
- Ear pain
- Fever
- Headache/migraine
- Hypertension
- Incontinence

- Incontinence
- Influenza/flu
- Insomnia
- Nausea/Vomiting
- Obesity
- Pinkeye and other eye infections
- Rashes/skin disturbances
- Sinus infection
- Smoking cessation
- Sore throat/pharyngitis
- Sprains and strains
- Urinary tract infection



### The telehealth kiosk: an introduction

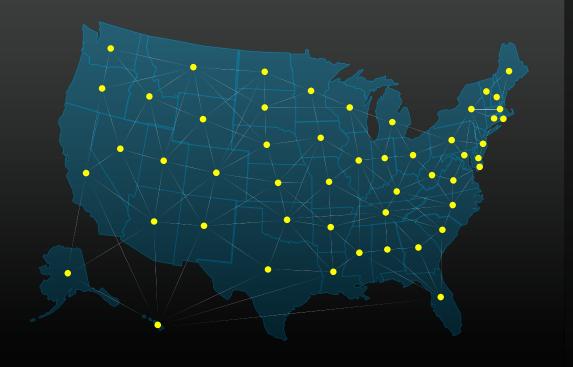
- Built as a point-of-care health station
  - Facilitates clinically informed visits, for patients and providers
- Delightful patient experience
  - Touch interface
  - Natural workflow progression
  - Integrated tools and peripherals
- National telehealth network under the hood
  - Medical, nutrition, behavioral health
  - Incorporate your own providers—or use ours!
- Professional manufacturing, install & support
  - UL certified for safety and compliance



# Online Care Group

Covering 50 states

Urgent Care | Behavioral Health | Nutrition | Breastfeeding Support



- National Medical Group telehealth only
- Uniquely trained and experienced in telehealth
- Board-certified, multi-state licensed physicians
- Multi-disciplinary including urgent care, behavioral health, nutritionists and lactation consultants
- Patient choice of provider
- 24/7/365
- 5-10 minutes average wait time for Urgent Care
- Network Operations Center supports quality assurance, credentialing, and scheduling
- Mixed network compatibility works in conjunction with your clinical initiatives and providers
- NCQA-Certified (100% audit), FSMB Compliant, First to be ATA accredited

The future is already here

— it's just not very evenly distributed.

**WILLIAM GIBSON** 



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